

Primary PE and Sports Premium 2020-2021

The PE and Sports Premium was allocated to Drumbeat school & ASD service for 2020-21 to support the implementation of sports and PE activities across the curriculum and extra-curricular events. For this academic year we received £16,820 in funding. During 2020-21 we consulted with governors and the staff team about the best uses of this funding in order to maximise the benefit to our students' wellbeing, health and enjoyment and also support the curriculum for PE within the school. From this information we made proposals to allocate the funding to a range of areas.

With the ongoing COVID19 pandemic there has been a level of uncertainty around the activities students could take part in whilst following government guidelines and restrictions throughout the academic year 2020-2021. This has had an impact on the way the PE and Sports premium funding has been spent over the course of this year. For the majority of the school year we have not undertaken any trips outside of school which involve other groups or being indoors. We have also not been able to allow any visitors in to lead sessions.

As we return to these activities we will look to introduce outdoor activities first due to the decreased risk to all students and staff at Drumbeat. This will include activities such as football, cycling and horse riding. As activities begin to open up in a safe and COVID secure manner we will look to reintroduce these to our curriculum.

With this in mind the table below details the areas of spend which were initially proposed alongside the reasons for this, including the impact these opportunities have for our students, and an end of year review detailing if the activity took place as planned and, if not, where funds were redirected.

Proposed area of spend 2020-2021	Proposed reason for spend.	Impact on the learning, health and wellbeing of students at Drumbeat.	End of year review
<p>Swimming Lessons at local Lewisham leisure centres.</p> <p>From January 2021 (Depending on current advice surrounding COVID19)</p>	<p>Swimming lessons are an integral part of the primary national curriculum. These lessons provide our students with a wide range of learning opportunities and chances increase their physical activity on a regular basis. Swimming lessons also provide the students with a skill which could potentially be lifesaving.</p>	<p>Primary students take part in weekly swimming lessons for a block of 6 weeks. During these lessons the students learn the key skill of swimming. The lessons also provide a range of different learning opportunities for each of the students. Some students benefit from the sensory input of being in a swimming pool, this provides them the opportunity to exercise in an environment they feel comfortable in. Communication opportunities are provided through these swimming lessons, for example the students following instructions and making requests. The physical activity aspect of the swimming lessons also encourages the students to be active and enjoy exercise. This contributes towards living a healthy and active lifestyle. Cross-curricular opportunities are also provided within these sessions for example maths skills when using times and distances within the sessions. Swimming sessions are accessible to all students, including those from a disadvantaged background, who may not be able to access this opportunity outside of school.</p>	<p>Unfortunately due to government guidelines and restrictions around the COVID19 pandemic we have been unable to undertake any visits which involve being indoors this academic year. Funding from these swimming sessions has been diverted to other areas detailed at the bottom of this table. We will aim to restart swimming sessions in the next academic year depending on any government advice at the time as detailed in the proposal for the academic year 2021-22 below.</p>

<p>Horse riding, Southborough lane stables.</p> <p>From January 2021 (Depending on current advice surrounding COVID19)</p>	<p>Horse riding lessons have become an integral part of our primary curriculum at Drumbeat. These sessions support the students in a therapeutic manner alongside providing learning opportunities within the local community.</p>	<p>Primary students take part in weekly horse riding lessons for a block of 6 weeks. These lessons allow the students to practice their communication skills by learning about the animals and safety around the activity of riding. The students are provided an opportunity to be physically active during these sessions encouraging fitness levels to increase. The students receive sensory input whilst riding the horses and an opportunity to experience different sensations when moving. Cross-curricular opportunities for learning such as key reading skills and maths skills such as counting are built into these sessions to support class based learning by applying skills to a practical activity. There is also a large amount of evidence based research that indicates the therapeutic advantages of horse riding including spontaneous communication and interaction. One example is a study from McDaniel Peters, B.C., & Wood, W. (2017). In the journal of autism and developmental disorders. Horse riding is an activity which can often prove to be inaccessible due to cost. By providing this opportunity all students are able to access the benefits of this activity, regardless of background.</p>	<p>Unfortunately due to government guidelines and restrictions around the COVID19 pandemic we have been unable to undertake any visits which involve groups and travelling this academic year. Funding from these horse riding sessions has been diverted to other areas detailed at the bottom of this table. We will aim to restart these sessions in the next academic year depending on any government advice at the time as detailed in the proposal for the academic year 2021-22 below.</p>
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<p>Bike club at Drumbeat Downham.</p> <p>Currently able to run in a COVID secure manner within class groups with increased cleaning and sanitising provision.</p>	<p>Bike club has proven to be a positive learning opportunity for our students at Downham. These sessions provide a key opportunity for physical activity and also provide a range of practical learning opportunities.</p>	<p>Bike club at Downham allows the students not only the opportunity to learn to ride a bike in a safe space but also social, communication and cross-curricular skills. An opportunity for social skills to be improved is provided. The supporting staff assist the students to have social interactions as well as increasing the individual's awareness of others in the cycling activity. Communication skills are used throughout the sessions from following instructions to communicating where the students are cycling. Again this provides an opportunity to increase the activity levels of students and promote enjoyment through exercise. In the last year we have also purchased a new tricycle for use in these sessions, this has allowed the session to become more accessible to a wider range of students across the school. Additional impacts recorded in students personalised plan reviews show a greater understanding of basic road safety and travel training skills. The opportunity and resources for allowing students to learn the skill of riding a bike can prevent parents/carers from providing this opportunity. By providing this in school students are able to access an activity that they otherwise might not be able to.</p>	<p>Bike club has been able to continue at specific times throughout the year when government restrictions have allowed. This has been run in a COVID secure manner within bubbles allocated across the school. Funding has been used to maintain the bicycles and equipment and also to purchase more bicycles to allow a greater range of students to access this opportunity. We will be looking to continue this activity next year and return to a more open group setting.</p>
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<p>Panathlon events.</p> <p>Currently running virtually in a COVID secure manner within class groups taking part in PE sessions.</p>	<p>The Panathlon foundation provide a range of opportunities for students with special educational needs to take part in fun and engaging competitive sports opportunities. This provides a chance for students at Drumbeat to compete alongside their peers from other schools and engage in their local communities.</p>	<p>Students from Drumbeat regularly take part in Panathlon events, these are multi-sport events where the students take part in a range of activities, in a circuit style, to earn points. Again these events provide an opportunity for the students to learn a range of new physical skills and also work within a range of different rules for different activities. This contributes towards their communication development. These events are another opportunity for the students to engage with their local community and develop their social skills.</p>	<p>Across the year the Panathlon charity have worked hard to provide a range of virtual opportunities for our students to engage in whilst remaining COVID secure within their bubbles at school. They have also provided a range of resources to help support home learning during the national lockdowns. These opportunities have provided our students a chance to maintain access to sporting events throughout the year. Some funding has been saved as we have not needed to travel to events and pay the cost involved with this. This has been diverted as detailed below this table.</p>
<p>Specialist TA for Physical education at the Downham site.</p>	<p>This provision at Downham has allowed teachers to be supported with specialist knowledge to provide high quality PE sessions to all students across the primary department. Continuing this support will allow all classes to receive this level of PE across the year.</p>	<p>Funding from the sports premium has allowed a member of staff to continue as a specialist TA for physical education on the Downham site. This has allowed for support in curriculum PE lessons providing knowledge and expertise to support teaching. This allows PE lessons to be more targeted and increase the physical activity levels of the students. This again will help to increase physical fitness, skill levels and ASD specific access to the curriculum.</p>	<p>The continued use of funding from the PE and Sports Premium has allowed us to maintain a specialist TA for Physical education at the Downham site throughout the 2020-21 academic year. This member of staff has been able to organise regular opportunities for all students at this site to maintain access to PE sessions in a COVID secure manner by appropriately setting up and organising sessions. It is anticipated that we will continue this provision into the next academic year as below.</p>

General PE equipment and resources.	A section of the Funding will be used to purchase new PE equipment for use within PE lessons and regular sports activities. This will also enable us to repair and replace any equipment needed throughout the year.	Funding from the sports premium is regularly used to maintain the store of equipment required for the students to access a range of PE and sporting activities. Throughout the year this funding allows us to provide access to these sports and activities which would not be possible without the correct functional equipment. Due to general wear and tear, over time, equipment wears out and requires replacement. A section of the funding received is allocated to ensure this can happen in a timely manner.	Across the academic year a range of sporting equipment has been replaced or repaired due to general wear and tear. This allows us to maintain our provision for PE and sport across the school and is an essential use of the funds going forward into future years.
Repairs and replacement of playground recreational equipment.	The playground is an important resource for our students at Drumbeat as it provides their main opportunity to spend time outside whilst at school. Providing adequate and engaging recreational resources for the students allows them to develop their social skills alongside providing another opportunity for physical activity. With the Current COVID situation students are being encouraged to spend time outside (managed in a COVID secure way, including regular cleaning of equipment and sanitising areas.) because of this this area is particularly important over the course of this year.	Funding from the sports premium supported the purchase of sports equipment and resources for use in curriculum PE lessons as well as during playtimes. This has supported the learning of the children within these sessions and allowed them to access opportunities they may not have had without the correct equipment. In the last year funding has also been used for repairs to recreational equipment in the playground, such as the trampoline. Having appropriate equipment to use during playtimes and recreational sessions allows staff members to engage the students into a range of activities alongside their peers. This encourages development of engagement and communication skills amongst our ASD learners. This equipment also allows staff to provide students with an appropriate level of physical challenge and adventure during free play.	Throughout the year the playground and recreational equipment has required maintenance and upkeep to ensure resources are available to all students across the school. A portion of the PE and Sports Premium funding has been used to support this maintenance and ensure that equipment remains in good working order.

Since March 2020 the impact of the COVID19 pandemic has had a profound effect on schools and, in particular, the provisions that we were able to provide at Drumbeat. Prior to the lockdown the PE and sports premium funding had been allocated to support these areas as outlined. Due to the lockdowns which have occurred throughout this academic year we spent a large proportion of the year based in class bubbles and unable to leave the school site. Consequently until the end of the academic year in July 2021, the remainder of this funding has been redirected to allow us to provide the adapted delivery of PE and sports activities whilst remaining on site with the students of keyworkers. This has then led on to providing PE and sports opportunities to our students based in bubbles as restrictions have been lifted. During the first lockdown the curriculum for PE at Drumbeat has been revised and rewritten to ensure that it remains bespoke to the needs of our students and allows them to learn in a sequential and progressive manner. Funding that had been saved in a range of areas above has been redirected to purchase a range of sporting equipment to allow the effective implementation of this new curriculum. This will enable all teachers at Drumbeat to provide a wide ranging curriculum of sport and PE to our students and support their physical development as they grow. Below is a summary of the impact the school sports premium has had for students at Drumbeat this academic year.

Impact of the PE and Sports Premium spend for 2020-21:

1. Sustainable sources of physical development for our young learners are provided through the learning opportunities and extra-curricular activities.
2. Opportunities have been provided for students from a disadvantaged background to access a range of sports and recreational activities that they may not have access to outside of our provision.
3. Students at Drumbeat school have benefitted from having regular exercise and sports lessons where they have developed their physical and emotional skills and experienced activities that they may otherwise not have encountered.
4. Increased opportunities to promote students health, wellbeing, enjoyment of school and social communication.
5. Opportunities have been provided for the students with an appropriate level of physical challenge and adventure during free play. This can be a particular issue for our pupils, who due to their emotional and behavioural needs cannot always access community play areas with their families.
6. Opportunities to access sports and physical activity on a regular basis have been provided throughout the year, including those for whom physical activity can be a particular challenge.
7. Sports equipment and resources can be used in a variety of ways, and at a variety of times: a lunchtime club, a morning task, during break-times, and as part of the PE curriculum. All opportunities give children the chance to improve fitness and work on teambuilding skills.
8. Having a specialist TA for physical education has allowed for PE lessons to be targeted and focussed to increase the physical activity levels for the students at drumbeat and provide a range of learning opportunities.

Planned areas of spend for the Primary PE and Sports premium in 2021-22

In the academic year 2021 – 2022 we are expected to again receive £16,820 in funding for PE and sport. We are proposing to use this to support the opportunities outlined below.

Area of spend	Proposed reason for spend.
Swimming Lessons at local Lewisham leisure centres	Swimming lessons are an integral part of the primary national curriculum. These lessons provide our students with a wide range of learning opportunities and chances increase their physical activity on a regular basis. Swimming lessons also provide the students with a skill which could potentially be lifesaving.
Horse riding, Southborough lane stables	Horse riding lessons have become an integral part of our primary curriculum at Drumbeat. These sessions support the students in a therapeutic manner alongside providing learning opportunities within the local community.
Bike club at Drumbeat Downham.	Bike club has proven to be a positive learning opportunity for our students at Downham. These sessions provide a key opportunity for physical activity and also provide a range of practical learning opportunities.
Panathlon events	The Panathlon foundation provide a range of opportunities for students with special educational needs to take part in fun and engaging competitive sports opportunities. This provides a chance for students at Drumbeat to compete alongside their peers from other schools and engage in their local communities.
Specialist TA for Physical education at the Downham site.	This provision at Downham has allowed teachers to be supported with specialist knowledge to provide high quality PE sessions to all students across the primary department. Continuing this support will allow all classes to receive this level of PE across the year.
Sports day equipment and organisation.	A section of the Funding will be used to purchase new PE equipment for use within PE lessons and regular sports activities. This will also enable us to repair and replace any equipment as required throughout the academic year.
General PE equipment and resources.	The playground is an important resource for our students at Drumbeat as it provides their main opportunity to spend time outside whilst at school. Providing adequate and engaging recreational resources for the students allows them to develop their social skills alongside providing another opportunity for physical activity. With the Current COVID situation students are being encouraged to spend time outside (managed in a COVID secure way, including regular cleaning of equipment and sanitising areas.) because of this this area is particularly important over the course of the next year.