



# Live and Learn



# What is it?

- Live and Learn is a class-based intervention run by the speech and language therapist and occupational therapist.
- It aims to teach vocabulary, sequencing and independence skills needed for everyday household activities e.g. hoovering or ironing.
- It is offered to all 6<sup>th</sup> form classes and then teachers are encouraged to expand the format to further activities of daily living.



# Why do we do it?



- We run live and learn sessions at Drumbeat as lots of children with ASD can find it to pick up life skills incidentally like typically developing teenagers do.
- By running these groups we can work out which type of instructions are best for the pupils and use this to further improve their inclusion at home and in the community.
- Most of all we do this because it's fun! Our favourite skill to practice is window cleaning.

# How do we do it?

- Initially the therapists and the class team meet together to decide which skills would be most useful for pupils to practice within live and learn sessions.
- The session starts with a live demonstration or video model of the skill the class will focus on.
- Then pupils are supported by the OT to carry out the task themselves as independently as possible using their visual instructions as a guide.
- Finally pupils work with the SALT to communicate about the task. Some pupils practise finding the items by name and describing their function. Other pupils sequence photos of the task and explain how to carry this out both verbally and in writing.



Spray cleaner all over toilet



Pour toilet cleaner round inside toilet



Clean inside toilet with brush



Clean outside of toilet with cloth



Dry with toilet roll



Flush toilet

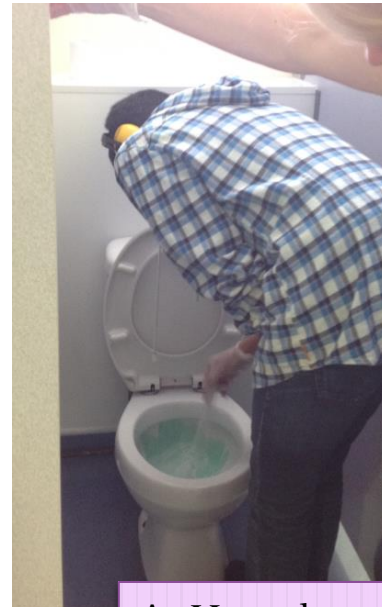
# What is the impact of live and learn?



- More focused work on specific independence skills works well in conjunction with personalised plans.
- Pupils are able to participate in tasks on work experience placements more effectively.
- Some students have been able to show their peers their skills they have been practicing at home.
- Parent awareness of their children's skills in domestic activities have increased.

# Evidence and Impact of Live and Learn

D. Following 2 key word instructions when putting the drying up away.



A. Using his visual instructions to find out what the next step is when cleaning the toilet.



A. using his visual instructions to independently sweep up the mess



C. sequencing photos whilst watching his friend clean the windows